

Level 1

Unit 15 Part 1



Learning Goals

Describe weekend plans

Talk about hobbies and leisure activities

Make and discuss plans



Warm-up

Let's watch a video showing us different plans for the weekend.

As you watch this video, whenever you see a new verb tense (present, past, future), pause and pay attention to the structure. After you finish the video, take a good look at the structure and try to create one or two sentences.

<https://www.youtube.com/watch?v=Sc5CV5VzMqk>

(Weekend plans with be going to + verb)



Vocabulary

- Daily routines
- Celebrations
- Chores
- Sports and physical activities

Vocabulary

Daily routines

When we talk about a daily routine, we talk about things that we do with a certain frequency. Because the action is repetitive, we use the simple present to express ideas of daily repetition.





Go to bed



Wake up



Make my bed



Brush
your teeth



Take a bath



Brush
your hair



Get dressed



Make dinner



Have
breakfast



Drive to work



Get home



Go to school



Surf the net



Play
with friends



Do
the laundry



Iron
the clothes



Hang
the clothes



Vacuum
the floor



Put
on makeup



Wash
the car



Water
the plant



Go for
a walk



Go out
with a friend



Play
the guitar



Take
pictures



Go shopping



Exercise

Vocabulary

Celebrations

A celebration a special social event, such as a party, when you celebrate something. It's an important event or occasion celebrated by engaging in enjoyable, typically social, activity. Celebrations can be holidays (Christmas, New Year's Eve, Independence Day, anniversary of your hometown) or personal dates (wedding anniversary, birthday, a (high school, college/ university) graduation).

Calendar			
<p>January 1st</p>  <p>New Year's Day</p>	<p>February 14th</p>  <p>Valentine's Day</p>	<p>March 17th</p>  <p>St. Patrick's Day</p>	<p>April 1st</p>  <p>April Fools' Day</p>
<p>May (date varies)</p>  <p>Mother's Day</p>	<p>June 7th</p>  <p>Queen's Day (UK)</p>	<p>July 4th</p>  <p>Independence Day (US)</p>	<p>August</p>  <p>Holidays!!!</p>
<p>September</p>  <p>back to school :-("</p>	<p>October 31st</p>  <p>Halloween</p>	<p>November (3rd Thurs.)</p>  <p>Thanksgiving</p>	<p>December</p>  <p>Christmas</p>

Vocabulary

Chores

A chore is an unpleasant, but necessary task that we do to keep the house clean and organized. Some chores we do every day (wash the dishes, make the bed) and others we do once a week (do the laundry = wash clothes; iron clothes). A synonym for chores is housework, not to confuse with homework (school work).



wash the car



**garden
do the gardening**



hoover the floor



**iron
do the ironing**



make the bed



**cut the grass
mow the lawn**



paint



**shop
do the shopping**



sweep the floor



**wash up
do the washing up**



clean the windows



wash the clothes

NAME: _____

DATE: _____

Word Bank

15 HOUSEHOLD CHORES

• Write the names of each kind of chore below the correct pictures.

clean up



cook dinner

iron clothes

cut the grass

do the laundry



feed the cat

iron clothes

make the bed

rake the leaves



sweep the floors

take out the trash

vacuum



wash the dishes

wash the dog

wash the windows

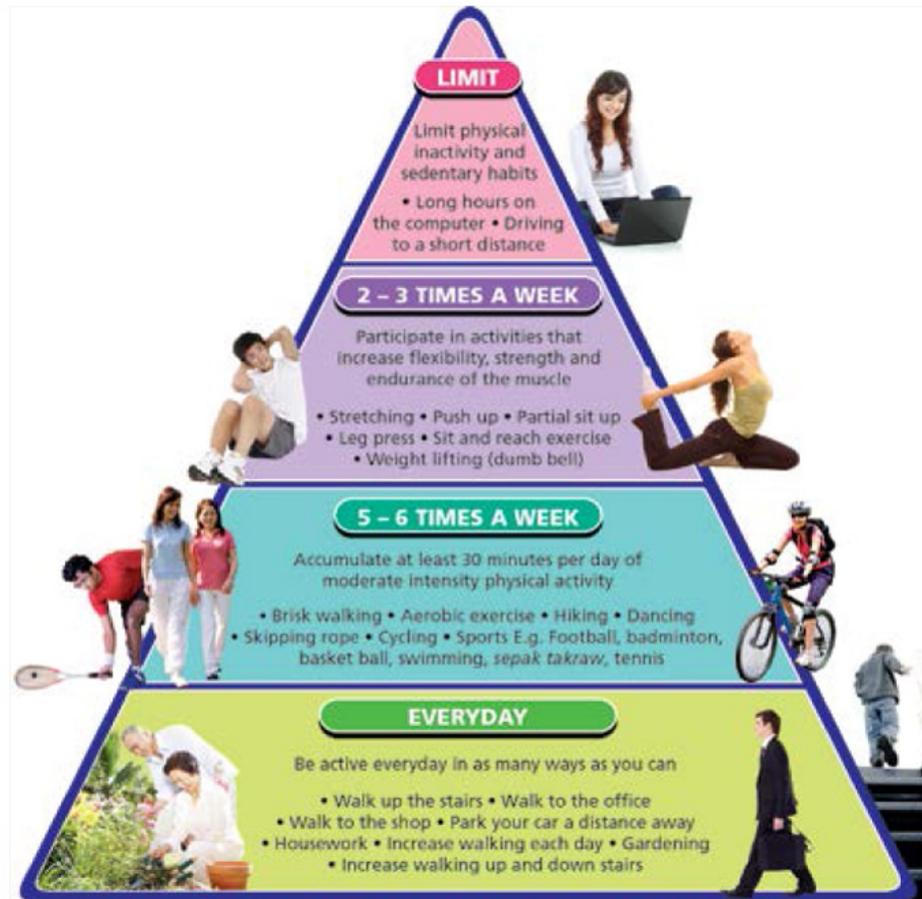
water the plants



Vocabulary

Sports and physical activities





PHYSICAL ACTIVITY PYRAMID FOR ADULTS

Grammar

Sports and physical activities

- Sports and activities : Play, Do, Go
- Play is used with ball sports and competitive games where you play against another person. It means to take part in a game which is played with rules.
- e.g. I often play tennis. TENNIS is a ball sport. Do you play poker? POKER is a competitive game. You play to win.
- Do is used for recreational activities and a non team sport. You don't use a ball. We also use do for activities that are simply executed without much creativity.
- e.g. Peter does karate every day. I do a crossword puzzle in my free time. We do chores/housework every day. She does the laundry. He does the dishes.

Grammar

- Go is often used with activities that end in -ing. You go somewhere to do something.
- e.g. I am going fishing tomorrow. Do you go skiing? She doesn't like to go shopping. They love to go swimming in the lake.

Let's practice!

Let's practice!



NAME: _____

DATE: _____

GRAMMAR QUIZ

DO GO PLAY

- Complete these sixteen sentences to score your knowledge of DO GO PLAY.

- I joined a baseball team last month, so now I ... baseball every Saturday.
 - do
 - go
 - play
- Do you want to stay strong and healthy? You should ... exercise!
 - do
 - go
 - play
- Jim really likes to ... fishing at the lake in summer.
 - do
 - go
 - play
- My sister often ... tennis with her friends on the weekends.
 - does
 - goes
 - plays
- I'm not very good at sports, but I like to ... cycling in my free time.
 - do
 - go
 - play
- Hey, the weather is really nice. Would you like to ... golfing?
 - do
 - go
 - play
- In winter, lots of people like to ... hockey.
 - do
 - go
 - play
- My brother really loves to ... basketball.
 - do
 - go
 - play
- Are you in good shape? How many sit-ups can you ...?
 - do
 - go
 - play
- Sometimes, I ... jogging in the morning before work.
 - do
 - go
 - play
- I want to ... yoga, but first I need to find a good yoga teacher.
 - do
 - go
 - play
- My friend is amazing! He can ... 500 push-ups!
 - do
 - go
 - play
- We only need to find two more people before we can ... volleyball.
 - do
 - go
 - play
- Do you know how to ... ping pong? There's a ping pong table in the gym.
 - do
 - go
 - play
- I don't like to ... swimming at the beach. I'm afraid of sharks.
 - do
 - go
 - play
- My family and I ... camping in the mountains almost every August.
 - do
 - go
 - play

15 – 16 = Excellent

13 – 14 = Good

12 or Less = Study More!

Grammar

Future with Be + going to + verb (base form)

- We use Be + going to future to express a conclusion regarding the immediate future or an action in the near future that has already been planned or prepared.
- We use some signal words (in one year, next week, tomorrow) to indicate that future.
- Look at the structures (affirmative and negative) below and try to create some examples:

I	am	going to	play ...
you	are		
he			
she	is		swim...
it			
we			
you	are		wash...
they			

I	am not	going to	play ...
you	are not		
he		going to	
she	is not		swim...
it			
we		going to	
they	are not		wash...

Let's practice!

Put the verbs into the correct form. Use **be going to**.

1. It (rain)
2. They (eat)..... shrimp.
3. I (wear) blue shoes tonight.
4. We (not / help) you.
5. Jack (not / walk) home.
6. Sue (share / not) her biscuits.
7. I (not / spend) my holiday abroad this year.

Recap

Do you remember the goals for this lesson? Let's check them again.

Let's quickly recap what we have studied today:

- We learned vocabulary to talk about daily routines, celebrations, chores, sports and physical activities;
- We saw sports and activities with Play, Do, Go
- We saw the Future with Be + going to + verb (base form)



My Time English platform

Now you've finished this lesson you're able to do the following activities on the My Time English platform – Level 1, Unit 15:

- Lesson 1: Vocabulary A
- Lesson 2: Grammar A
- Lesson 3: Grammar B
- Lesson 4: Grammar C

These exercises are essential for your progress, so try to do them on time!

Remember to practice and write down any questions you might have.

Use IPA's channels to get the necessary help.



References

Keeping your progress in mind we have selected some activities and extras materials;

As extras we have the following videos:

- <https://www.youtube.com/watch?v=expljdkoMkl> (Hobbies & Leisure Activities)
- <https://www.youtube.com/watch?v=K03PljwN8ls> (Future Tense: going to)

Remember to practice your English as much as possible! If you need any further help, please let us know!

Keep up the good work!!



Preview for next class

Our next class is unit 15, part 2.
We'll see and practice the following points:

- 1) Grammar D
 - Pronounce going to/gonna
- 2) Listening and Pronunciation:
 - A Trip to the Beach (conversations)
- 3) Reading and Writing:
 - A Surprise Party
 - Using commas with but and and (review)
- 4) Video: Interviews: Keeping Strong and Fit.

